

Oakbrook Preparatory School Menu for Lunch 2010/2011

Monday

Chick-Fil-A - (Chick-Fil-A fries in Peanut Oil)

\$3.50	Fried Chicken Sandwich Lunch
\$3.50	Chicken Nugget Lunch
\$4.75	Chargrilled Chicken Sandwich Lunch
(All CFA lunches come with a bag of chips and a cookie)	
\$2.75	Sandwich/Nuggets only or extra Sandwich/Nuggets
\$3.00	Spicy Chicken Sandwich
\$3.75	Chargrilled Chicken Sandwich
\$3.95	Chicken Salad Sandwich
\$4.95	Cool Wraps: Chargrilled Chicken, Spicy or Caesar
\$3.50	Veggie Wrap
\$3.75	Garden Salad (w/out chicken)
\$2.50	Small Garden Salad (w/out chicken)
\$2.50	Fruit Yogurt with <u>nut</u> granola or oreo topping

Tuesday

Schlotzsky's Deli

\$4.00	Hamburger, Cheeseburger or Veggie Burger with chips
\$3.50	Hamburger, Cheeseburger or Veggie Burger only
\$4.25	Chicken and Cheese Burrito
\$3.50	Marinated Grilled Chicken Sandwich w/provolone, lettuce and tomato
\$3.50	Chicken Salad or Tuna Sandwich
\$4.25	Chicken Salad Salad
\$4.25	Chicken Caesar Salad
\$4.25	<u>Hollywood Salad</u> (Grilled Chicken breast on a bed of

greens, with bleu cheese crumbles, dried cranberries, candied pecans and walnuts, & strawberries

Southwest (Mixed greens, roasted corn, black beans, red onion, fresh avocado, Colby Jack, topped with tortilla strips and Cilantro dressing

Chef Salad (Mixed greens with ham, turkey, bacon, cheddar and mozzarella, eggs, cucumber, red onion and tomatoes)

\$3.50	Salad: Caesar or Garden (no meat option)
\$3.50	Turkey/Ch or Ham/Ch Sandwich on Ciabatta Bread
\$4.00	Wraps: Chicken Caesar, Chicken Salsa, or Turkey/Cheese
\$3.25	Veggie Wrap
\$2.00	Mac and Cheese bowl
\$1.50	Mac and Cheese cup
\$2.00	Small Fruit Salad
\$1.50	Small Garden Salad
\$1.25	PBJ Sandwich
\$.50	Schlotzsky's Cookie

Wednesday

Holmes Hotdogs

\$3.25	Plain Hotdog Lunch (w/chips & cookie)
\$3.25	Chili-Hotdog Lunch (w/chips & cookie)
\$3.25	Corndog Lunch (w/chips & cookie)
\$1.85	Hotdog only
\$1.85	Chili Hotdog only
\$1.85	Corndog only

Capri's Italian

Salad Choices:

\$4.50	Tossed Salad w/ Grilled Chicken
\$4.50	Tossed Salad w/ Chicken Salad
\$4.50	Tossed Salad w/ Fried Chicken
\$4.50	Caesar Salad w/ Grilled Chicken
\$4.50	Caesar Salad w/ Fried Chicken
\$3.75	Caesar Salad
\$3.75	Tossed Salad

Sandwich Choices:

\$3.25 Roasted Turkey 6" Sub
\$3.25 Veggie & Cheese 6" Sub
\$1.75 Grilled Cheese Sandwich

Pasta Choices:

\$4.10 Ravioli w/ Meat Sauce & bread
\$4.10 Ravioli w/ Marinara Sauce & bread
\$4.10 Ravioli w/ Alfredo Sauce & bread
\$4.10 Lasagna (w/meat sauce) & bread

Thursday

Schlotzsky's Deli

\$2.35 6 piece Baked Chicken Nuggets
\$3.25 9 piece Baked Chicken Nuggets
\$2.35 6 piece Spicy Baked Chicken Nuggets
\$3.35 9 piece Spicy Baked Chicken Nuggets
\$3.00 Pork BBQ Sandwich
\$3.00 Calzone: Cheese or Pepperoni with marinara
\$3.50 Marinated Grilled Chicken Sandwich w/Provolone
Cheese/Lettuce/Tomato

\$4.00 Turkey/Cheese Wrap
\$3.50 Turkey/Ch or Ham/Ch Sandwich on Ciabatta Bread
\$3.25 Veggie Wrap
\$4.25 Salads: Chicken Caesar, Hollywood, Southwest, Chef,
Chicken Salad

\$3.50 Salad: Garden or Caesar
\$2.00 Small Fruit Salad
\$1.50 Small Garden Salad
\$2.00 Mac & Cheese bowl
\$1.50 Mac & Cheese cup
\$1.25 PBJ Sandwich
\$.50 Schlotzsky's Cookie

Friday

Little Caesar's Pizza

\$1.00 each Slice of: Cheese **or** Pepperoni pizza

Capri's Italian

Salad Choices:

\$4.50 Tossed Salad w/ Grilled Chicken
\$4.50 Tossed Salad w/ Chicken Salad
\$4.50 Tossed Salad w/ Fried Chicken
\$4.50 Caesar Salad w/ Grilled Chicken
\$4.50 Caesar Salad w/ Fried Chicken
\$3.75 Caesar Salad
\$3.75 Tossed Salad (w/out meat)

Sandwich Choices:

\$3.25 Roasted Turkey 6" Sub
\$3.25 Veggie & Cheese 6" Sub
\$1.75 Grilled Cheese Sandwich

Pasta Choices:

\$4.10 Baked Penne w/ Meat Sauce & bread
\$4.10 Baked Penne w/ Marinara Sauce & bread
\$4.10 Penne w/ Alfredo Sauce & bread

Additional Daily Menu Choices:

A variety of chips available for **\$.50**, Little Debbie snacks for **\$.50**, Gogurt for **\$.50** and String Cheese for **\$.35**.

Drink Choices:

We serve Pet Dairies' 2% white milk and lowfat chocolate milk for **\$.50**, orange juice for **\$.40**. These all come in half pint sizes. Bottled water is available for **\$.50**. Individual flavor packets are available for **\$.25**. Middle School & Upper School Students can order Tea or OPS Lemonade for **\$.75**. OPS Lemonade is only available on Mondays, Wednesdays and Thursdays.

Emergency Lunch Options: Entrée only: \$2.00

Entrée with 2 side items - \$3.00: Ham & Cheese or Pepperoni Hot Pockets, Chicken & Cheese or Steak & Cheese Chimichanga, Easy Mac, or Chef Boyardee. Choose any two of these side items: *Fruit Cup, Chips, Little Debbie Snacks or String Cheese.*